

# March

## 2025

Group Pool Swims  
Open Water Swim Training  
Coach John Kenny



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	1
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a 7:30a-8:45a	LPSC 9:30a-10:45a 10:45a-12:00p	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a 10:15a-11:30a
Adult Swim Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p			LPSC 6:30p-7:45p		
2	3	4	5	6	7	8
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a
Adult Swim Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		
9	10	11	12	13	14	15
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a 10:15a-11:30a
Adult Swim Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		
16	17	18	19	20	21	22
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a 10:15a-11:30a
Adult Swim Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		
23	24	25	26	27	28	29
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a 10:15a-11:30a
Adult Swim Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		
30	31	1	2	3	4	5
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a 10:15a-11:30a
Adult Swim Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		OWS- Trooper** 10:00a-12:00p
		OWS- Trooper** 5:00p-7:00p		OWS- Trooper** 5:00p-7:00p		

Questions? Contact: [info@frenchcreekracing.com](mailto:info@frenchcreekracing.com)

This calendar is not updated throughout the month. For updates, please check our schedule at:  
[frenchcreekracing.pike13.com/schedule](http://frenchcreekracing.pike13.com/schedule)

\*\*Open Water Swims will occur if the following criteria are met: - Minimum of 8 swimmers must reserve slots on Pike13 -  
Water temp of 50F or higher - Weather and water quality are acceptable

<b>Lawrence Park Swim Club:</b> 293 Langford Rd. Broomall, PA 19008	<b>Events</b>	<b>Villanova University: Pavillion Swim Center</b> N. Ithan Ave Villanova, PA 19085
	<b>Clinics</b>	
<b>Open Water Swim - Trooper</b> 1400 S. Trooper Rd. Norristown PA 19403		