

May

2025

Group Pool Swims Open Water Swim Training

Race Events
Social Events



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:30a-7:45a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a
Adult Swim Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		Fast & Furious 5K
		OWS- Trooper** 5:00p-7:00p		OWS- Trooper** 5:00p-7:00p		
4	5	6	7	8	9	10
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:30a-7:45a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a
Adult Swim Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		OWS- Trooper** 8:00a-12:00p
OWS- Trooper** 10:00a-12:00p	OWS- Newark 6:00p-8:00p			OWS- Trooper** 5:00p-7:00p		Central MD SwimFest
				OW Clinics: Adult 5-6 Youth 6-7		
11	12	13	14	15	16	17
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a	LPSC 6:30a-7:45a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	French Creek Triathlon & SwimFest
Adult Swim OW Clinic: Villanova 8:45a-10:00a	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		
OWS- Trooper** 10:00a-12:00p	OWS- Newark 6:00p-8:00p	Open Water Series Race #1		OWS- Trooper** 5:00p-7:00p		
18	19	20	21	22	23	24
French Creek Triathlon & SwimFest	LPSC 7:15a-8:30a	LPSC 6:30a-7:45a	LPSC 7:15a-8:30a	LPSC 11:00a-12:15p	LPSC 7:15a-8:30a	LPSC 9:00a-10:15a
	LPSC 6:30p-7:45p	LPSC 11:00a-12:15p		LPSC 6:30p-7:45p		OWS- Trooper** 8:00a-12:00p
	OWS- Newark 6:00p-8:00p	OWS- Trooper** 5:00p-7:00p		OWS- Trooper** 5:00p-7:00p		Betterton SwimFest
				OW Clinics: Adult 5-6 Youth 6-7; 7-7:45		
25	26	27	28	29	30	31
JCC 6:30a-8:00a	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a	LPSC 7:15a-8:30a	JCC 6:00a-7:15a	UMTP 6:00a-7:30a	UMTP 8:30a-10:00a
OWS- Trooper** 10:00a-12:00p	OWS- Newark 6:00p-8:00p	OWS- Trooper** 5:00p-7:00p		OWS- Trooper** 5:00p-7:00p	LPSC 7:15a-8:30a	OWS- Trooper** 8:00a-12:00p
				OW Clinics: Adult 5-6 Youth 6-7; 7-7:45		
				UMTP 8:15p-9:30p		

Lawrence Park Swim Club:
293 Langford Rd. Broomall, PA 19008

Villanova University: Pavillion Swim Center
N. Ithan Ave Villanova, PA 19085

Open Water Swim - Newark:
240 Old Paper Mill Rd. Newark, DE 19711

Kaiserman JCC:
45 Haverford Rd. Wynnewood, PA 19096

Open Water Swim - Trooper
1400 S. Trooper Rd. Norristown PA 19403

Upper Merion Township Pool:
431 W Valley Forge Rd. King of Prussia, PA 19406

Questions? Contact: info@frenchcreekracing.com

This calendar is not updated throughout the month. For updates, please check our schedule at:
frenchcreekracing.pike13.com/schedule

**Open Water Swims will occur if the following criteria are met: - Minimum of 8 swimmers must reserve slots on Pike13 - Water temp of 50F or higher - Weather and water quality are acceptable