

May 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
					LPSC 7:15a-8:30a	OWS- Medford 7:00a-11:00a
						LPSC 9:00a-10:15a
						Fast & Furious 5K 9:30am
3	4	5	6	7	8	9
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a 6:30p-7:45p	LPSC 6:15a-7:30a 11:00p-12:15P	LPSC 7:15a-8:30a	Manorlu 6:30-7:45a	LPSC 7:15a-8:30a	OWS- Medford 7:00a-11:00a
Villanova Clinics: Basic: 7-8a Youth: 8-9a	Manorlu 12:00-1:15p	Open Water Series Race #1 5pm	OWS- Medford 5:00p-7:30p	LPSC 11:00a-12:15p 6:30p-7:45p		OWS- Trooper** 8:00a-12:00p
OWS- Medford 7:00a-11:00a	OWS- Newark 6:00p-8:00p	Cheltenham HS 7:45p-9:00p	FCE Group Run 6:30-7:30p	OWS- Trooper** 5:00p-7:00p		Manorlu 8:30-9:45a
OWS- Trooper** 10:00a-12:00p	OW Clinic - Newark: 6:30p-7:30p					LPSC 9:00a-10:15a
						Central MD SwimFest 9am
10	11	12	13	14	15	16
Villanova 7:00a-8:30a 8:30a-10:00p	LPSC 7:15a-8:30a 6:30p-7:45p	LPSC 6:15a-7:30a 11:00p-12:15P	LPSC 7:15a-8:30a	Manorlu 6:30-7:45a	LPSC 7:15a-8:30a	French Creek Triathlon 7am
Villanova Pool OW Clinic: 7:15-8:15a	Manorlu 12:00-1:15p	OWS- Trooper** 5:00p-7:00p	FCE Group Run 5:30-6:30p	LPSC 11:00a-12:15p 6:30p-7:45p		OWS- Medford 7:00a-11:00a
OWS- Medford 7:00a-11:00a	OWS- Newark 6:00p-8:00p	Cheltenham HS 7:45p-9:00p	FCE Coaching Call 7:00p	OWS- Trooper** 5:00p-7:00p		LPSC 9:00a-10:15a
OWS- Trooper** 10:00a-12:00p						
17	18	19	20	21	22	23
OWS- Medford 7:00a-11:00a	LPSC 7:15a-8:30a 6:30p-7:45p	LPSC 6:15a-7:30a 11:00p-12:15P	LPSC 7:15a-8:30a	Manorlu 6:30-7:45a	LPSC 7:15a-8:30a	OWS- Medford 7:00a-11:00a
French Creek SwimFest 8am	Manorlu 12:00-1:15p	OWS- Trooper** 5:00p-7:00p	FCE Group Run 6:30-7:30p	LPSC 11:00a-12:15p 6:30p-7:45p	OWS- Medford 5:00p-7:30p	OWS- Trooper** 8:00a-12:00p
	OWS- Newark 6:00p-8:00p			OWS- Trooper** 5:00p-7:00p		Manorlu 8:30-9:45a
						LPSC 9:00a-10:15a
24	25	26	27	28	29	30
OWS- Medford 7:00a-11:00a	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a	LPSC 7:15a-8:30a	Manorlu 6:30-7:45a	UMTP 6:00a-7:30a	OWS- Medford 7:00a-11:00a
LPSC 7:30-9:00a	Manorlu 12:00-1:15p	OWS- Trooper** 5:00p-7:00p	OWS- Medford 5:00p-7:30p	OWS- Trooper** 5:00p-7:00p	LPSC 7:15a-8:30a	OWS- Trooper** 8:00a-12:00p
OWS- Trooper** 10:00a-12:00p	OWS- Newark 6:00p-8:00p		FCE Group Run 6:30-7:30p	UMTP 8:15p-9:30p		Manorlu 8:30-9:45a
						UMTP 8:30a-10:00a
						Betterton SwimFest 8:30a
31	1	2	3	4	5	6
JCC 6:30a-8:00a	LPSC 7:15a-8:30a	LPSC 6:15a-7:30a	LPSC 7:15a-8:30a	Manorlu 6:30-7:45a	UMTP 6:00a-7:30a	OWS- Medford 7:00a-11:00a
OWS- Medford 7:00a-11:00a	Manorlu 12:00-1:15p	Open Water Series Race #2 5pm	OWS- Medford 5:00p-7:30p	OWS- Trooper 5:00p-7:00p	LPSC 7:15a-8:30a	OWS- Trooper 8:00a-12:00p
OWS- Trooper 10:00a-12:00p	OWS- Newark 6:00p-8:00p		FCE Group Run 6:30-7:30p	UMTP 8:15p-9:30p		Manorlu 8:30-9:45a
						UMTP 8:30a-10:00a

Questions? Contact: info@frenchcreekracing.com

This calendar is not updated throughout the month. For updates, please check our schedule at: frenchcreekracing.pike13.com/schedule

**Open Water Swims will occur if the following criteria are met: - Minimum of 8 swimmers must reserve slots on Pike13 - Water temp of 50F or higher - Weather and water quality are acceptable

Manorlu Swim Club: 850 Twining Rd. Dresher, PA 19025	Lawrence Park Swim Club: 293 Langford Rd. Broomall, PA 19008	Villanova University: Pavilion Swim Center N. Ithan Ave Villanova, PA 19085
Cheltenham High School Pool: 500 Rices Mill Rd. Wyncote, PA 19095	Open Water Swim - Medford: 1303 Stokes Rd., Medford, NJ 08055	Open Water Swim - Trooper: 1400 S. Trooper Rd. Norristown PA 19403
Kaiserman JCC: 45 Haverford Rd. Wynnewood, PA 19096	Open Water Swim - Newark: 240 Old Paper Mill Rd. Newark, DE 19711	Upper Merion Township Pool: 431 W Valley Forge Rd. King of Prussia, PA 19406
FCE Group Run: Chester Valley Trailhead @ S. Warner Rd & CVT (Wayne)	Clinics	Events